



## **Taking care of your tattoo**

**Once you've been 'inked' it's important to take care of your tattoo to ensure that it looks its best.**

**Follow these simple steps:**

- **Keep your tattoo covered for 1 hour before removing the dressing**
- **Clean the tattoo carefully with warm water**
- **Moisurise your tattoo 2-3 times a day with Bepanthen or aquious cream – you can get this from your chemist**
- **Keep your tattoo clean and dry and avoid soaking it in the bath for the first couple of weeks**
- **Avoid – sunbathing, fake tan, swimming, dirt, oil and paint.**

**If you've got any questions, give us a call on 01924 403939.**